



Weekly Update

CLB-3 FAMILY DAY

1 September 2010

Bellows Beach

1300-1700

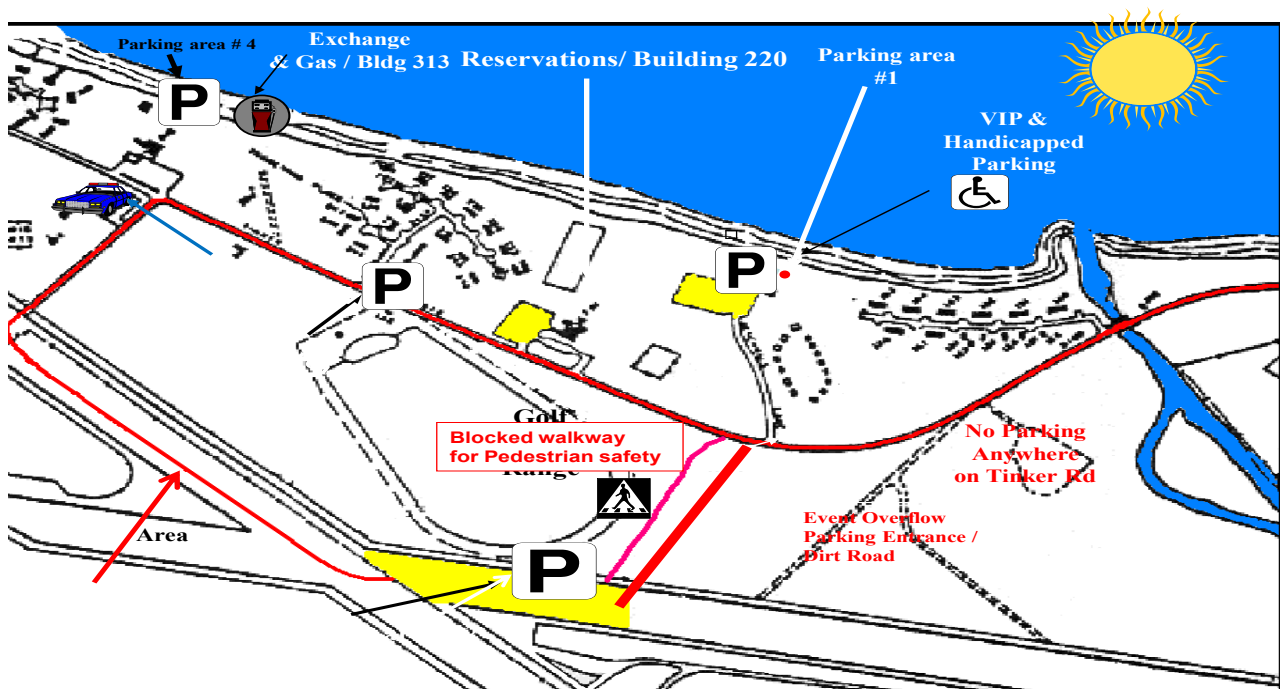
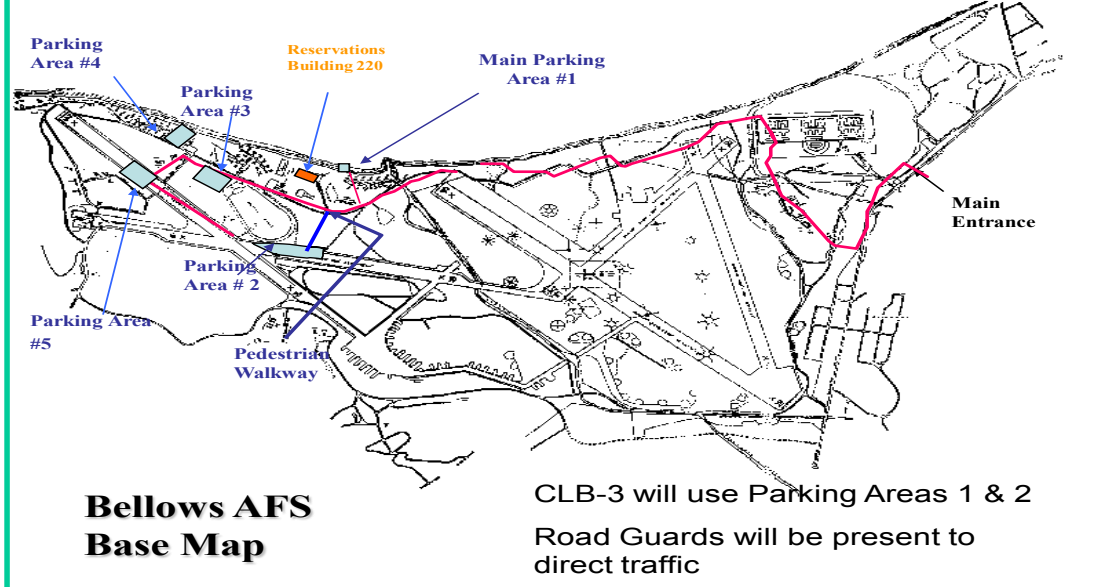
Are Ready to Party!
That's right it's time for CLB-3
to let down their
hair and let loose.



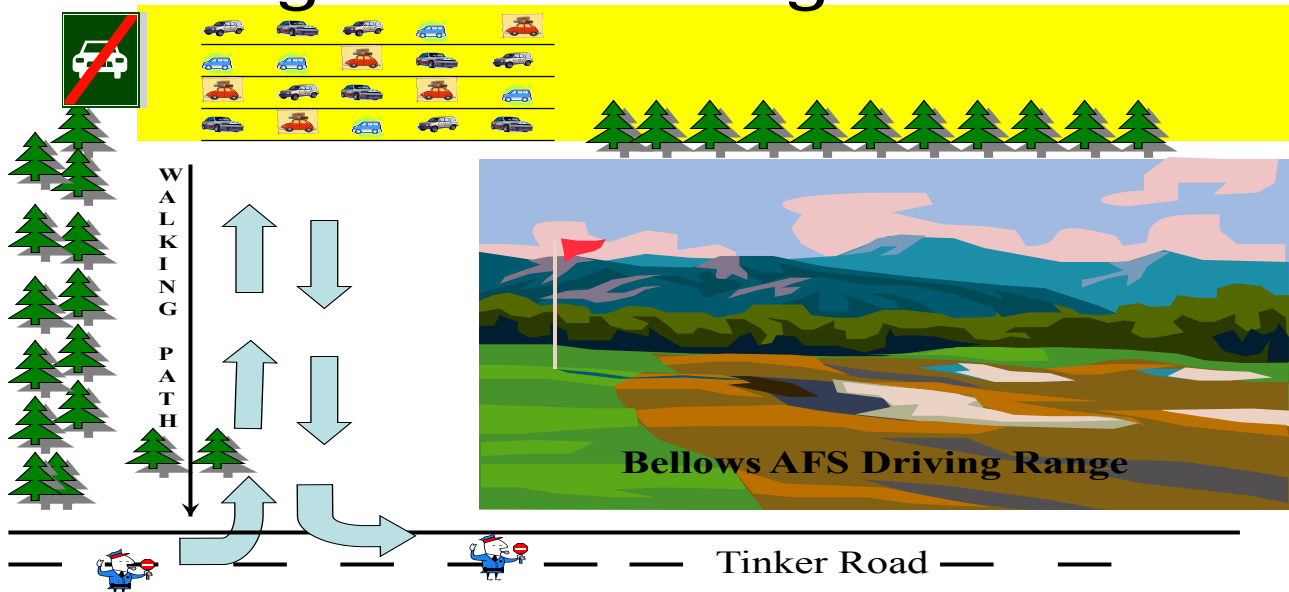
Come one, Come all
Marines, Sailors and family members
join us in having a great time!

There will be lots of food, games, sports, and entertain-
ment!

Horseshoes, Bouncy Houses, Clown and Face painting, Tug-O-
War, Slip and Slides, Cotton Candy, Golf driving contest and
more !!



Flight line/Parking Area #2



Marine Corps Family Team Building

1. LIFESKILLS

LifeSkills sessions are targeted specifically to help Marines and their families successfully meet the challenges of everyday life, the mobile military lifestyle, and heightened operational/deployment tempo by targeting three main areas of Marine families: Family Life, Individual Enhancement, and Leadership Development. Contact Jocelyn Pratt, LifeSkills Trainer at 808.257.2653 or Jocelyn.pratt@usmc.mil to register for any or all of these Upcoming LifeSkills Classes:

2. Deployment Childcare DCC

The 'Olina Child Development Center offers free childcare for deployed families in support of GWOT. Child-care offered is 10 free hours a month and can be used during the week. Families must register with Resource and Referral 257-7430 or 257-7240. Once you have registered with Information and Referral you then need to call the 'Olina CDC at 257-8354 to schedule an orientation.

3. Premium and Reserved Seating for the Kaneohe Bay Air Show

Admission to the Kaneohe Bay Air Show is FREE. Premium and reserved seating options are available for purchase while supplies last at our website www.kaneohebayairstow.com or at ITT KBAY 254-7563 and Camp Smith 477-5143.

4. JEMS JOB FAIR, September 1st 2010

In partnership with Joint Base Pearl Harbor-Hickam and Marine Corps Base Hawaii, JEMS will hold its 23rd annual job fair on Wednesday, September 1, 2010 at Club Pearl on Pearl Harbor, Hawaii from 10:00 AM to 2:00 PM. Almost 100 companies/agencies participated in this extraordinary event last year and we expect a great turn out again this year. The JEMS Job Fair is open to everyone from the DoD community with base access to Joint Base Pearl Harbor-Hickam and no pre-registration is necessary. This is a great opportunity to talk to recruiters, drop off resumes, pick up applications and research the job market. No children will be admitted so please plan accordingly. In addition to the job fair, members from the participating military communities looking for employment opportunities in Hawaii can jump start their job search by registering to use the JEMS Job Bank with over 1600 job listings at any given time. For more information about the job fair or to use JEMS, visit www.JEMJobs.com. See attached flyer.

9. Military OneSource announcement on MyCAA

OSD announced the new MyCAA Program Guidance and a re-opening date of October 25, 2010. Significant changes have been made to eligibility, benefit and fiscal year cap, time-limit, and programs of study. These new guidelines reflect a return to the original purpose of the program - to assist spouses of service members achieve portable careers. These changes also align the program with responsible fiscal planning by the Defense Department to help sustain the program.

New Financial Assistance Guidelines

- * The program is available to spouses of active duty service members in pay grades E1-E5, W1-W2, and O1-O2.
- * The maximum financial benefit will be \$4,000 with a fiscal year cap of \$2,000. Waivers will be available for spouses pursuing licensure or certification up to the total maximum assistance of \$4,000.
- * Military spouses will be required to finish their program of study within three years from the start date of the first course.
- * The program is limited to associate degrees, certification and licensures.
- * Effective immediately, National Guard & Reserve members must be on active duty for their spouses to receive the MyCAA benefit.

Spouses who currently have an active account will be allowed to request financial assistance until Thursday, October 21, 2010. Beginning September 1, 2010, spouses may request financial assistance for classes that have a start date up to January 15, 2011. To ensure adequate time to plan for courses, no career plans will be accepted after August 31, 2010. All currently approved financial assistance documents will be honored.

The program will be closed from Friday, October 22nd to Monday, October 25th so that we may ensure the infrastructure is in place to implement the new program.

Additional program details will be posted at www.militaryonesource.com/caa <<http://www.militaryonesource.com/caa>> as they become available. We encourage you to check the site often.

"Working from Home with Success" Special LifeSkills Presentation on September 8

Do you have a Home Business or Have you ever wanted to start your own or work from home?
Would you like:

- . Extra Income, Full or Part-time Income
- . To be Your Own Boss
- . Freedom to set your own hours
- . Choose your family time
- . Balance work and family

A home-based business might be the perfect fit for some military spouses. It can be more flexibility with your family's schedule, taken with you when you are PCSing every few years, and help build self-esteem and sustainability. Sept. 8, 2010 from 1000 - 1130 at the Waikulu Community Center, MCBH, RSVP by Monday, September 6 to reserve your seat! Bring a friend! Call Jocelyn Pratt at 257-2653

FREE FULL-LENGTH PREVIEW

Saturday, August 28 • 1800 • K-Bay Theater

Ticket Distribution 1600 • Doors Open 1700



Tickets will be issued according to priority group.

First Priority
Active duty members and their families assigned to duty aboard Marine Corps Base Hawaii. Single active duty members will be allowed one guest.

Second Priority
Members of the Armed Forces from other bases and stations on Oahu, retirees and their families.

Third Priority
DoD civilians and other authorized guests. When doors open, all patrons with appropriate colored tickets will be admitted. Call 254-7664 for more info.

PG PARENTAL GUIDANCE SUGGESTED
SOME MATERIAL MAY NOT BE SUITABLE FOR CHILDREN
FOR BRIEF, MILD LANGUAGE

INCREASED SECURITY MEASURES FOR SNEAK PREVIEW SCREENINGS

In cooperation with the Movie Studio's effort to prevent any form of piracy, the following security measures may be enforced at K-Bay Theater for Sneak Preview screening at any time:

- Bag checks
- Collection and check-in of cameras, cell phones, audio devices and all other electronic devices. Items may be picked up after the screening

- Audience scanning with night vision goggles during screening

Please plan accordingly. The Base Theater and Movie Studios thank you in advance for your cooperation. Enjoy the show!

MPAA
www.filmratings.com



**WE ARE PLEASED TO ANNOUNCE
THE
16TH ANNUAL
JOINT SPOUSES' CONFERENCE**

**23 OCTOBER 2010 7:30 a.m. to 5:30 p.m.
MARINE CORPS BASE HAWAII
Kaneohe Bay**

Spouses of service members of all ranks and services, as well as spouses of military retirees and international military exchange officers are invited to join us for an interactive day of fun, education, and networking! Attendees can customize their day by selecting four workshops from over 50 available workshops. The ever popular "Armed for Entertaining" will be a general session for everyone to enjoy.

Keynote Speaker ~ Susan Page
Military Spouse, Writer, Entrepreneur

E-1 to E-5: \$33 E-6 to O-3: \$36 O-4 & UP: \$39

The Club at Koa Malina will be hosting a complimentary wine tasting from 5:30 p.m. to 6:30 p.m. AND the Club's chef is creating a special JSC dinner. Attendees can invite their spouse to join them for dinner after the Conference and the second meal will be 50% off.

Registration opens at 8:00 a.m. (Hawaii Standard Time) on 1 September and closes at 11:59 p.m. on 25 September.

Single Marine and Sailor Program

Here are some upcoming events offered by the SMSP that you can take advantage:

Sept. 4-6 - The Single Marine & Sailor Program is putting together a trip to the island of Kauai for single Marine & Sailors that are E5 and below. Trip dates will be Sept. 4 to 6. The trip will include two tours, snorkeling and sailing around Na Pali Coast, Kayaking the Wailua River, hike to a waterfall, lodging, rental vehicle and roundtrip airfare. You must make your reservation by Aug. 4. SM&SP volunteers are eligible for a discount.

POC: Call Marcella T. Cisneros, Single Marine & Sailor Program Coordinator with questions or for pricing information at 254-7593.

19 Sep - Surf Lessons for \$20. Includes transportation, lesson, gear rental, and BBQ. Driver Needed.(volunteer)

Volunteer Opportunities

VOLUNTEERS USUALLY RECEIVE A LETTER OF APPRECIATION AND OTHER SMALL ADVANTAGES DEPENDING ON THE EVENT. IT PAYS TO PARTICIPATE ON WAY OR THE OTHER. ATTEND OR VOLUNTEER

Ongoing

Single Marine and Sailor Program receives funding from these activities: Rental of inflatable's like bouncy house, the javelin, boxing, and water slide for a \$100 and Paintball Hawaii

Activity Assistance

We put our best foot forward to bring the events you want and deserve, but we need your input and participation. This is your program. What do you want to do? Just please keep in mind great events take approximately 6weeks to push through from the anticipated date.

Quality of Life Issues

Your Single Marine and Sailors Program also deals with quality of life issues. These issues can range from Barracks, Transportation/liberty bus, medical/dental, dining facilities, and MCCS. The only thing that is asked if to give the Chain of Command a chance to first be notified and time allotted to handle the situation.



Joint Education Center

Two Covers are Better Than One - Marine Corps Base Hawaii - 808-257-2158

www.mccshawaii.com/jec.htm



...to prepare for a successful future?

MCB Hawaii EDUCATION FAIR

Wednesday, 01 September 2010

1000-1400

Mokapu Mall (between MCX & Food Court)

FEATURING TONS OF GREAT INFORMATION ON:

- ☑ **Your active duty education benefits!**
- ☑ **On-base colleges and universities!**
- ☑ **Post-9/11 GI Bill and veteran benefits!**
- ☑ **Scholarships and grant money for spouses!**
- ☑ **Free education & career tools to plan your future!**



~ No USMC or Federal Government Endorsement. ~

MCBH NEWS

Closure of Nu'upia Ponds Running Trail (through Nov. 15)

The entire Nu'upia Ponds Running Trail will be closed to ALL civilian and military use, From Aug. 2 to Nov. 15. The trail is closed from the Mokapu (back gate) or the pedestrian footbridge side near the H-3 Front Gate. Access is prohibited during this time frame. This closure is for safety while contractors replace wastewater pipelines.

The Nu'upia Ponds Running Trail route is depicted in BaseO P5500.15B, Figure 11-1 and on the MCB Hawaii natural resources section of the MCB Hawaii website: <http://www.mcbh.usmc.mil/g4/envIRON/natural/Outreach.htm>

POC: Mr. Phillip Lum, Base Facilities Dept., 257-6900
Dr. Diane Drigot, Base Environmental Dept., 257-3694

Road Closures

In preparation to begin Phase I of the Mololani project, the following roads will be closed to through traffic.

Brown Drive - at the intersection of Oheka St.

Lawrence Road - at the intersection of Bauer Drive

Bauer Drive - between units 2204/2205 and Bancroft.

POC: Irwin Tamura at 839-8788

Inaugural General "Howlin' Mad" Smith 5K (Oct. 30)

The inaugural General "Howlin' Mad" Smith 5K is Saturday, Oct. 30 at 7:30 a.m. The 5K takes runners of all ages and abilities from Kailua Beach Park and into Lanikai. Register online today at www.active.com, at Bay-Fest Sept. 25-26, during packet pickup Oct. 28-30, on race day Oct. 30, or by filling out an application and mailing it.

POC: CW05 John R. Bandy at 808-477-8560 or 808-589-6695 (cell).

Free Full-Length Movie Preview - Secretariat

The Base Theater will offer a free, full-length preview of the film Secretariat (PG) on Saturday, Aug. 28. Ticket distribution will take place at 4 p.m., doors open at 5 p.m., and showtime is 6 p.m. Please note that increased security measures will be in place to prevent piracy, including bag checks and collection and check-in of cameras, cell phones, audio devices and all other electronic devices. Items may be picked up after the screening. POC: Deborah Bruns, 254-7664

Base Post Office hours for Labor Day Weekend (Sept. 3-6)

The Base Post Office hours for the Labor Day weekend are as follows:

closed Friday, Sept. 3

9 a.m. to 12 p.m. Saturday, Sept. 4

closed Monday, Sept. 6.

Normal business hours will continue on Tuesday, Sept. 7.

POC: Base Post Office, 257-2008

Youth Sports Coaches needed (Sept. 2)

Youth Sports is looking for coaches to volunteer for the Flag Football season. Practices start Sept. 2 and the season runs October to November. Coaches are needed for the following age groups: 5-6 years old, 7-8 years old, 9-10 years old.

MCBH NEWS (Continued)

POC: Youth Sports, 254-7473 or email clark.abbey@usmc-mccs.org

Role Players needed for a Mass Casualty Exercise (Sept. 8)

Role Players needed for a Mass Casualty Exercise aboard MCB Hawaii Sept. 8, 7:30 a.m. to 12 p.m.
Training will be conducted on Sept. 7, 3 p.m., Bldg 216, 1st floor, Room 48, Conference Room.

POC: 257-8845 or 7723

Series of Violence in the Workplace training sessions (Sept. 9-10)

The MarForPac and MCB Hawaii Security Offices are hosting Ms. DeeDee Collins of the National Security Training Institute as she presents a series of Violence in the Workplace training sessions. The program defines the issue of workplace violence, strategies to be used by the organization to prevent an incident, and how to respond when one occurs. A case study will be presented based on a mass workplace shooting survived by the presenter.

All hands (Military & Civilian) are encouraged to attend. The dates, times, and locations are as follows:

Sept. 9, 8:30-10:30 a.m., MCB Hawaii Theater
Sept 9, 1:30-3:30 p.m., MCB Hawaii Theater
Sep 10, 8:30-10:30 a.m., Camp Smith Theater
Sep 10, 1:30-3:30 p.m., Camp Smith Theater

POC: Mr. Gary Hanson, (808)477-8419

Commander's Information Channel

MCB Hawaii Channel 2 now offers a real-time streaming news ticker and four-day weather forecast. Check out your Commander's Information Channel and stay up to date.

To post items on Channel 2, contact GySgt Kauppila, 257-1397.

27 AUG EXAM PROCTORING / JOINT EDUCATION CENTER, BLDG 220 / 0745 & 1000

Additional dates available: 2 Sep, 24 Sep

Proctored exams are required by certain institutions of higher learning.

Student must make appointment in advance.

POC: Maria Fullenwider, 257-2158.

27 AUG COMMANDER'S CLASSIC GOLF TOURNAMENT / KANEOHE KLIPPER / CHECK-IN 1130, START 1230

Register in person or via phone by 20 Aug.

Open to all military, dependents and DoD civilians.

Cost is \$47 for E1-E5; \$52 for E6-O3; \$57 for O3 & above and civilians.

Special prize giveaway – VIP passes for two for the MCCS Chalet at the Kaneohe Bay Airshow.

POC: Todd Murata, 254-2107.

30 AUG EDUCATION OFFICER, FRO, CAREER PLANNER TRAINING / THE CLUB @ KOA MALINA-LEGARIE ROOM / 0900-1200

Education benefits training for all unit Education Officers, Family Readiness Officers and Career Planners

POC: Eleanor Sade, 257-2158.

30 AUG COMMANDER'S CUP BOWLING LEAGUE ORGANIZATIONAL MEETING / K-BAY LANES / 1800

League plays Mondays at 1800 from 13 Sep-21 Mar.

One-time USBC sanction fee of \$20 for men, \$17 for women; weekly fee is \$12 per bowler.

Open to all active duty, DOD civilians and their families.

POC: Deborah Bruns, 254-7664

30 AUG-4 OCT REGISTRATION FOR FY11 FALL TERM (ON-BASE COLLEGE COURSES) / JOINT EDUCATION CENTER, BLDG 220

MCBH NEWS (Continued)

On-base college courses open to all military service members, family members, and civilian employees, 1st 5-week Term: 4 Oct-8 Nov / 2nd 5-week Term: 9 Nov-16 Dec
TA must be authorized by the JEC PRIOR to registration; \$250 TA cap per semester hour.
Both on-site and online courses offered by on-base schools
POC: Joint Education Center (Bldg 220), 257-2158.

1 SEP 101 DAYS OF SUMMER FUN RUN/WALK / FT. HASE BEACH / 0700

Final activity of the 101 Days of Summer; all Marines and Sailors that participate will earn points for their unit
Course is 2.8 miles; \$2 per person, or \$20 for a formation of 20. Entries can be done at Semper Fit Center
POC: Dan Dufrene, dan.dufrene@usmc-mccs.org, 254-7636.

1 SEP TEST OF ADULT BASIC EDUCATION (TABE) / JEC BLDG 220, CLASSROOM A / 0745

Designed to measure basic academic skills commonly required for adult education programs.
90-minute test measures reading comprehension, language, spelling and math skills.
Open to active duty, family members and DoD civilians.
POC: Maria Fullenwider, 257-2158.

1-2 SEP ALCOHOL IMPACT EDUCATION CLASS / SACC, BLDG 279, 3D DECK / 0800-1630

Additional dates available: 6-7 Oct, 3-4 Nov, 1-2 Dec

MCO P1700.24B requires all Marines who have an alcohol related incident to at a minimum attend IMPACT.
Class also offered to active duty and other authorized personnel who desire to stop or control their alcohol consumption.

A preliminary screening by a Counselor at SACC is required prior to attending the class.
POC: Alton Arakaki, 257-3900

1 SEP EDUCATION FAIR / MOKAPU MALL (BETWEEN MCX & FOOD COURT) / 1000-1400

Information on education benefits, scholarships and grant money, Post 9/11 GI Bill provided by Joint Education Center, on-base colleges and universities.
Open to all active duty, family members, and civilians
POC: Donna Kam, 257-2158.

2 SEP NEW ARRIVALS ORIENTATION / KAHUNA'S BALLROOM / 0715-1230

Additional dates available: 7 Oct, 4 Nov, 2 Dec

Provides important information about MCBH policies, services, and programs.

Open seating; no sign ups needed.

MCO 1320.11E requires all newly assigned active duty personnel to attend. Family members and newly employed MCBH civilians are invited.

POC: Marine & Family Services, 257-7790/87.

2 SEP LIFESKILLS: THE POWER TO CHANGE – CHANGE YOUR MIND/CHANGE YOUR LIFE / MCFTB CONFERENCE ROOM, BLDG 244 / 0900-1200

Classes teaches how to embrace change and integrate it more successfully in personal life and/or career

First priority to all active duty and spouses; space available to civilian employees

Childcare is reimbursable.

POC: Jocelyn Pratt, LifeSkills Trainer, 257-2653

3 SEP DEFENSE LANGUAGE APTITUDE BATTERY TEST (DLAB) / BLDG 220, JEC COMPUTER LAB / 0745 & 1000

Measures ability to learn a foreign language.

Open to all active duty personnel.

POC: Maria Fullenwider, 257-2158.